

REFLECTING ON NATURE

This was a 12-day-long artistic residency with five artists in Herring Cove Provincial Park. Each artist worked on a project that was selected by a jury of artists. In addition, the five artists worked together to create a community ephemeral art installation that has been left in the park on Campobello Island, NB .



CONNECTION

So often, we hurry through life on our way to a destination. We see things along the way, but how many more do we unintentionally overlook? Some are not noticed automatically; they require an effort or intention to observe, and stillness to absorb.

We have created a series of frames from found materials and placed them along the Yellow Trail. The frames we put together provide focal points throughout the trail. An opportunity to stop, look, and reflect at scenes that often go unnoticed.

From tiny fungi to a gigantic birch, nature is full of wonders to discover. But what will be revealed is personal to each individual, a reflection of our inner selves influenced by the possibilities provided in our environment.

And beware - with longing and time your brain may piece together more frames from your natural surroundings. Your mind is making new connections and viewpoints for you!

For you to refocus, re-project, reset. Introspect.

PERSONAL PROJECTS

DANIELLE SMITH

Creating intimacy with nature enriches our knowing of the world and our desire to want to protect it. I hope to capture the intimate places within the park.

JESSE MEA

At this time of year birds sing their most elaborate songs. They use these to find mates and nest. I use them as musical inspiration for my accordion compositions.

TOMO INGALLS

Working on the concept of washing outside that directly interacts with outdoor elements and may deteriorate with time talks about temporality, trace, power play, and humbleness.

LEAH WILTON

I am exploring themes of radical self compassion, acceptance, and hope as a form of social resistance through choreographing a short contemporary dance work on myself

MELISSA KENNEDY

My aim was to explore the creation and accentuation of atmosphere in drawing through the depiction of nature scenes.

INTROSPECT 2022



Introspect: nature residency was a low-tech residency; a return to the simplest forms of creation. The residency focused on the essentials, eliminating all potential distractions by limiting the use of screens and other technologies, to focus entirely on the process of creation.

WHAT DO YOU SEE?



Within Herring Cove Provincial Park on Campobello Island, NB, you can find an ephemeral art installation located on the Yellow Trail within the park. We hope you enjoy it!



Photos by Danielle Smith



ARTISTS

DANIELLE SMITH (She/her)

Fiber Artist
Fredericton NB.
www.thistlecovefiber.com
[@thistle_cove_fibers](https://twitter.com/thistle_cove_fibers)



TOMO INGALLS (She/her)

Performance and Clay Artist
Fredericton NB.
www.tomospots.com
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JESSE MEA (He/him)

Musician & Composer
Moncton NB.
tinyurl.com/jessemea



LEAH WILTON (She/her)

Contemporary Dance Artist
Sackville NB, Toronto ON
[@wilton.leah](https://twitter.com/wilton.leah)



MELISSA KENNEDY (She/her)

Visual Artist and Sculptor
Saint John NB.
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**YOU CAN FIND
OUR VIDEO
HERE**

THANK YOU

